

# TRYathlon

Run 5k  
Paddle 1.75 miles  
Bike 8.0 miles

# 5k Run/Walk

Run or walk the  
first leg of the  
TRYathlon



# STEP OUTDOORS & 5K TRAIL TRYathlon & Run/Walk

Team & Solo

Youth Welcome

**Saturday, September 17, 2022**

Check-In: 8:30 am to 9:30 am

Pre-Race Meeting: 9:45 am

Start: 10:00 am

Online Registration ONLY

Guaranteed custom event t-shirt if preregistered by Sept. 1st

Registration will close at NOON on Wednesday, Sept. 14th

Event will be capped at 150 participants – register early!



For complete details please visit:

**www.StepOutdoors.org** or call: **570-724-8561**

**\*\*No categories, all participants who finish will be recognized!\*\***

**Hills Creek State Park, Wellsboro, PA**



Proceeds  
Benefit Step  
Outdoors  
Network in  
Tioga County

